VANCOUVER ISLAND
& GULF ISLANDS

Relax Restore Recharge.

Despite being the largest island on the west coast of North America, Vancouver Island has a laid back island feel, making it easy to relax, restore and recharge in the region's cosmopolitan centres, small towns and snug harbours. Along with the stunning Gulf Islands, this region offers spectacular ocean views, snow-capped mountains, softly curving beaches, and incredible wildlife viewing of furred, feathered and finned friends.



GROW MAKE BAKE RAISE BC

Why BC Farmers' Markets?

- Fresh, local, always in season
- Invest in local people & communities
- Connect with local farmers & food



The BC Farmers' Market Trail is the definitive guide to 145+ farmers' markets, where you can find fresh, local, in season foods, and connect with growers and makers in each community. This is an initiative of the BC Association of Farmers' Markets, a non-profit that supports and promotes its member farmers' markets so local food continues to thrive.

LEARN MORE AT

BCFarmersMarketTrail.com

Cover photo by Jordan Dyck

WITH SUPPORT FROM









THE BC FARMERS' TRAIL

Vancouver Island & Gulf Islands



DISCOVER LOCAL FARMERS' MARKETS

BCFarmersMarketTrail.com

MAY 2019 TO APRIL 2020





Experience Local Flavours at the Farmers' Market

Ease into island time and enjoy the abundance of food and drink made possible by the mild climate across this region. Many farmers' markets here run year-round, giving you a taste of what's in season all year-round. Find ultra local fruit, veggies, fresh dairy, mushrooms, and honey as well as wine, cider and mead at one of the dozens of farmers' markets in this region. Shop for fresh foods from the hundreds of local vendors with an ocean breeze at your back.

More to do here:

- Wander through expansive old growth forests and meander down the coast; keep your eyes peeled for bears, whales, raptors and more wildlife throughout the region
- Choose from world-class museums, galleries, maritime events and restaurants for a coastal cosmopolitan experience
- Tour over forty different wineries, breweries, cideries, and meaderies in this region; enjoy outstanding craft beverages in the unique communities that produce them



4839 Headquarters Rd Comox Valley Exhibition Grounds SAT 9:00 AM - 1:00 PM • Apr 13 - Oct 12 DOWNTOWN COURTENAY

Downtown Courtenay WED 4:00PM - 8:00PM • Jun 19 - Aug 28 WINTER

360 Cliffe Ave • Native Sons Hall SAT 9:00AM -1:00 PM • Oct 19 - Apr 4 cvfm.ca

CUMBERLAND

4. Comox Valley Farmers' Market Cumberland Village Square SUN 10:00 AM - 1:00 PM • Jul 7 - Sep 15 cvfm.ca

DENMAN ISLAND

5. Denman Island Farmers Market 1591 Denman Rd Old School Grounds and Recycling Depot SAT 9:30 AM - 12:30 PM • May 4 - Oct 12 denmangpa.ca

DUNCAN

6. Duncan Farmers' Market 200 Craig St • By Duncan City Hall Look for the clock tower SAT • Year round Apr 6 - Oct 12: 9:00 AM - 2:00 PM Oct 19 - Mar 28: 10:00 AM - 2:00 PM duncanfarmersmarket.ca

ERRINGTON

* 7. Errington Farmers' Market 1550 Veterans Rd • 2km off the Alberni Hwy, enroute to Englishman River Falls **SAT** 10:00 AM - 1:00 PM • May 4 - Sep 28 erringtonfarmersmarket.ca

527 Fraser St • In Esquimalt Rec Centre THU 4:30 PM - 7:30 PM • Sep 26 - Nov 14 Also open Nov 17 • 11:00 AM - 5:00 PM esquimaltmarket.com

GABRIOLA ISLAND

9. Gabriola Farmers Market 465 South Rd SAT 10:00 AM - 2:00 PM • May 18 - Oct 12 agihall.com

LANGFORD

10. Goldstream Farmers Market Veterans Memorial Park At Goldstream Ave and Langford Pkwy SAT 10:00 AM - 2:00 PM • May 11 - Oct 12 fb.me/goldstreamfarmersmarket

METCHOSIN

11. Metchosin Farmers Market 4450 Happy Valley Rd Behind Metchosin Fire Hall SUN 11:00 AM - 2:00 PM • May 12 - Oct 27 Find us on Facebook

NANAIMO

12. Cedar Farmers' Market 1984 Woohank Rd SUN 10:00 AM - 2:00 PM • May 12 - Oct 27 cedarfarmersmarket.org

2300 Bowen Rd Beban Park, at Centennial Building WFD . Year round May 15 - Oct 16: 4:00 PM - 6:30 PM Oct 23 - May 6: 12:00 PM - 4:00 PM islandrootsmarket.com

13. Island Roots Market Co-op

NANAIMO

14. Nanaimo Downtown Farmers' Market

90 Front St • Pioneer Waterfront Plaza by Coast Bastion SAT 9:00 AM - 2:00 PM • May 11 - Sep 14 Cruise ship dates: 10:00 AM - 3:00 PM nanaimodowntownfarmersmarket.com

NORTH SAANICH

15. North Saanich Farm Market 10990 West Saanich Rd St John's United Church gardens SAT 9:30 AM - 12:30 PM • Jun 1 - Oct 12 Find us on Facebook for updates

PENDER ISLAND

16. Pender Island Farmers' Market 4418 Bedwell Harbour Rd Pender Island Community Hall SAT 9:30 AM - 1:00 PM • May 18 - Aug 31 Check website for winter market pifi.ca

PORT ALBERNI

17. Spirit Square Farmers' Market 5440 Argyle St In Spirit Square at the Harbour Quay SAT 9:00 AM - 12:00 PM • Year round fb.me/spiritsquarefarmersmarket

18. Port Hardy Farmers and Artisans Market

7250 Market St, at Island Hwy Carrot Park **SAT** 10:00 AM - 2:00 PM May 25, Jul 6, 20, Aug 17, 31, Sep 28 PortHardyFarmers and Artis ans Market

PORT MONFILL

19. Port McNeill Farmers and Artisans Market 1594 Beach Dr, at McNeill Rd SAT 10:00 AM - 2:00 PM • May 18 - Sep 21 **BI-WEEKLY**

Also open Oct 12

Find us on Facebook for updates

QUALICUM BEACH

20. Qualicum Beach Farmers

644 Memorial Ave, at Veterans Way SAT • Year round Jul - Aug: 8:30 AM - 1:00 PM Sep - Jun: 8:30 AM - 12:00 PM Jul 27: beside Old School House Art abfarmersmarket.com

SAANICHTON

21. Peninsula Country Market 1528 Stelly's Cross Rd Saanich Fairground SAT 9:00 AM - 1:00 PM • Jun 1 - Oct 12 Closed Aug 31 peninsulacountrymarket.ca

SALT SPRING ISLAND

22. Salt Spring Tuesday Farmer's Market 100 Fulford-Ganges Rd • Centennial Park TUE 2:00 PM - 6:00 PM • Jun 4 - Oct 29

saltspringtuesdaymarket.com

23. Sooke Country Market 2051 Otter Point Rd Across from Eustace Rd SAT 10:00 AM - 2:00 PM • May 4 - Oct 12 sookecountrymarket.com

VICTORIA

24. James Bay Community Market 494 Superior St. V8V 1T6 • At Menzies St SAT 9:00 AM - 3:00 PM • May 4 - Sep 28 iamesbavmarket.com

* 25. Moss Street Market 1330 Fairfield Rd. at Moss St SAT 10:00 AM - 2:00 PM • May 4 - Oct 26 MossStreetMarket.com

WINTER

1335 Thurlow St • Garry Oak Room SAT 10:00AM - 12:00PM • Nov 2 - Apr 25

26. Oaklands Sunset Market 1-2827 Relmont Ave Oaklands Community Centre WED 4:30 PM - 8:30 PM • Jul 3 - Sep 4 oaklandscommunitycentre.com/markets

This market participates in the BC Farmers' Market Nutrition Coupon Program, which makes fresh, healthy food more accessible to families and seniors. For more information on this healthy eating initiative, visit BCFarmersMarket.org. This program is supported by The Province of BC and the Provincial Health Services Authority.