

KOOTENAY ROCKIES REGION  
& COLUMBIA BASIN

## Journey Into the Wild

Renowned for its wilderness and natural beauty, the Kootenay Rockies region and Columbia Basin are home to the Rockies, Purcell, Selkirk and Monashee mountain ranges. Nestled between are river valleys and lakes that have supported human existence for thousands of years. This is the traditional territory of the Ktunaxa Nation, Secwepemc, Sinixt and Okanagan Nation Alliance.

The region is also known as a hub for fresh local food and farming, and boasts 20+ farmers' markets.



Photo by Cutter Ranch

GROW MAKE BAKE RAISE BC

## Why BC Farmers' Markets?

- Fresh, local, always in season
- Invest in local people & communities
- Connect with local farmers & food

The BC Farmers' Market Trail is the definitive guide to 145+ farmers' markets, where you can find fresh, local, in season foods, and connect with growers and makers in each community. This is an initiative of the BC Association of Farmers' Markets, a non-profit that supports and promotes its member farmers' markets so local food continues to thrive.

LEARN MORE AT

**BCFarmersMarketTrail.com**

 @BCFARMERSMARKET

 FB.ME/BCAFM

 @BCFARMERSMARKET

 This market participates in the BC Farmers' Market Nutrition Coupon Program, which makes fresh, healthy food more accessible to families and seniors. For more information on this healthy eating initiative, visit [bcfarmersmarket.org](http://bcfarmersmarket.org). This program is supported by the Province of BC and the Provincial Health Services Authority. Columbia Basin Trust provides additional funding to expand the program in the Columbia Basin.

Cover photo by Thomas Nowaczynski

WITH SUPPORT FROM



Columbia Basin **trust**



THE **BC** FARMERS' MARKET TRAIL

**Kootenay Rockies  
& Columbia Basin**



DISCOVER LOCAL FARMERS' MARKETS

**BCFarmersMarketTrail.com**

**MAY 2019 TO APRIL 2020**







Photo by Bruno Long



Photo by Anice Wong



Photo by Thomas Nowaczynski



Photo by Thomas Nowaczynski

## Experience Local Flavours at the Farmers' Market

A vibrant food and farming community is at the heart of the Kootenay Rockies and the Columbia Basin region. And the best way to experience these unique flavours is by visiting the 20+ farmers' markets in the area!

This part of British Columbia is renowned for its orchards, pasture and farmland, which offer an abundance of tree fruits, berries, fresh veggies, locally raised meat, artisanal cheeses and world famous cherries!

Visit one of the many farmers' markets in the area and you will also find freshly baked treats, savoury snacks, craft beer, wine and spirits, preserves, honey, handmade artisan goods, and more.

### More to do here:

- Four spectacular national parks: Glacier, Kootenay, Mount Revelstoke and Yoho
- Numerous natural hot springs at wonderful resorts
- Epic outdoor pursuits – including world-class hiking, wildlife viewing, biking, climbing, river rafting and more



### CRANBROOK

- **1. Cranbrook Farmer's Market**  
10th Ave South  
By downtown Rotary Park  
**SAT** 9:00AM – 1:00PM • Jun 22 – Aug 31  
10:00AM – 1:00PM • Sep 7 – Oct 12  
INDOOR  
220 Cranbrook St North • Ktunaxa Gym  
**SAT** 10:00AM – 1:00PM • Oct 19 – Jun 6  
Select Saturdays  
Check website for updates  
cranbrookfarmersmarket.com

### CRESTON

- **2. Creston Valley Farmers' Market**  
111 Northwest Blvd  
Behind the Visitor Centre  
**SAT** 9:00AM – 1:00PM • May 4 – Oct 12  
INDOOR  
312 19th Ave North  
Creston & District Community Complex  
**SAT** 10:00 AM – 1:00 PM • Oct 19 – Dec 21  
crestonvalleyfarmersmarket.ca

### ELKFORD

- **3. River View Farmers Market**  
Devonian Park  
Behind the Elkford Aquatic Centre  
**WED** 5:00pm – 7:30PM • Jul 3 – Aug 28  
Also open Jun 28, 4:30 PM – 7:30 PM  
riverviewfarmersmarket.com

### FERNIE

- **4. Fernie Mountain Market**  
Along Hwy 3 Rotary Park  
**SUN** 10:00AM – 2:00PM • Jul 7 – Sep 1  
Also open Jul 1, Jun 23 at Fernie Alpine Resort, 10:00AM – 2:00PM  
mountainmarket.ca

### GOLDEN

- **5. Golden Farmers' Market**  
611 10th Ave North  
Between Golden Mountain Mart & Great Canadian Heli Skiing  
**WED** 12:00PM – 5:00PM • Jun 12 – Sep 25  
**SAT** 10:00AM – 3:00PM • Jul 6 – Aug 31  
Also open Jul 1: Main St, downtown  
goldenbcfarmersmarket.com

### GRAND FORKS

- **6. Grand Forks Farmers' Market**  
7370 5th St • Gyro Park on Hwy 3  
**TUE** 8:00AM – 1:00PM • May 7 – Oct 29  
**FRI** 8:00AM – 1:00PM • May 3 – Oct 25  
Find us on Facebook

### INVERMERE

- **7. Agri Park Farmers Market**  
553 Hwy 93 and 95 • At the cross road  
**WED** 5:00PM – 7:30PM • Jul 3 – Sep 4  
wdfi.ca

### KASLO

- **8. Kaslo Saturday Market**  
450 Front St • Front Street Park  
**SAT** 10:00AM – 2:00PM • Jun 8 – Sep 21  
Also open Aug 2 – 4  
nkfss.org

### KIMBERLEY

- **9. Kimberley Farmers' Market**  
Howard St, between Kimberley Ave and Wallinger Ave  
**THU** 5:00PM – 7:30PM • Jun 20 – Sep 19  
kimberleyfarmersmarket.ca

### NAKUSP

- **10. Nakusp Farmers' Market**  
At Broadway St and 5th Ave  
**SAT** 9:00AM – 1:00PM • May 18 – Oct 26  
fb.me/Nakuspfarmersmarket

### 11. Nakusp's 50 Mile Market

90 5th Ave NW  
In the old fire hall, downtown  
**SAT** 10:00AM – 2:00PM • Year round  
fb.me/oldfirehallnakusp

### NELSON

- **12. Cottonwood Farmers Market**  
199 Carbonate St  
Cottonwood Falls Park  
**SAT** 9:30AM – 3:00PM • May 18 – Oct 12  
ecosociety.ca/markets/cottonwood-market

- **13. Downtown Farmers Market**  
At Baker St and Hall St  
**WED** 9:30AM – 3:00PM • Jun 12 – Sep 25  
ecosociety.ca/markets/Nelson-downtown-local-market

### NEW DENVER

- **14. New Denver Friday Market**  
At Kildare St and 6th Ave  
**FRI** 10:00AM – 2:00PM • Jun 7 – Sep 27  
fb.me/NDFridaymarket

### REVELSTOKE

- **15. Revelstoke Farm & Craft Market**  
Victoria Rd and MacKenzie Ave  
Grizzly Plaza  
**SAT** 8:30AM – 1:00PM • May 4 – Oct 26  
rfcm.ca

- **16. Revelstoke Local Food Initiative Farm & Craft Market**  
200 block of Mackenzie Ave  
Between 1st and 2nd St  
**SAT** 8:00AM – 1:00PM • Apr 27 – Oct 26  
Jun 1: 100 block of 2nd St East  
revelstokelocalfood.com/market

### ROSSLAND

- **17. Rossland Mountain Market**  
2071 Columbia Ave  
Next to the Credit Union  
**THU** 3:00PM – 6:00PM • May 16 – Oct 24  
WINTER  
1765 Columbia Ave • The Miners Hall  
**SAT** 12:00 PM – 4:00 PM  
Nov 2, Dec 7, Jan 25, Feb 22, Mar 21  
rosslandmountainmarket.com

### TRAIL

- **18. Trail's IncrEDIBLE Farmer's Market**  
1300 block of Cedar Ave • Downtown  
**SAT** 10:00AM – 2:00PM • Apr 27 – Oct 26  
BI-WEEKLY  
fb.me/TrailsIncrEDIBLEFarmersMarket

### VALEMOUNT

- **19. Valemount Farmers Market**  
735 Cranberry Lake Rd  
Next to Information Centre  
**THU** 4:00PM – 7:00PM • Jun 20 – Sep 26  
Find us on Facebook